

James Chiropractic  
1060 Brookfield  
Memphis, TN 38119  
Phone: (901) 821-0945  
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# **R. ALAN JAMES, DC, CCSP, CCRD, CSCS, CCRS**

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## **CURRICULUM VITAE**

### **EDUCATION**

Graduate	Parker College of Chiropractic, Irving, TX
Pre-Chiropractic	North Lake College, Irving, TX Jackson State Community College, Jackson, TN Humboldt High School, Humboldt, TN

### **PROFESSIONAL EXPERIENCE**

April 1998 - present	Owner, James Chiropractic, Memphis, TN
September 1999	Team Chiropractor for Team USA World Endurance Duathlon Team, Vancouver, Canada
July '89 - March '98	Associate Doctor with Cole Chiropractic, Bartlett, TN
1995 – 1998	Team Chiropractor for the Memphis Riverkings Ice Hockey Team

### **LICENSE**

Tennessee Chiropractic License (effective date August 1989)

### **CERTIFICATIONS**

*Digestive Health Specialist* through Loomis Institute. Completion of this course of study provides the capabilities of identifying the cause of unresolved healthcare problems through the use of nutritional testing and enzyme replacement therapy.

*Certified Chiropractic Rehabilitation Doctor* with the Chiropractic Association Rehabilitation Board. These credentials identify individuals who have become proficient in all aspects of rehabilitation principles and protocols. This is demonstrated by aggressive transition of patients/athletes into Active Care/Functional Restoration/Rehabilitation programs.

**R. ALAN JAMES, DC, CCSP, CCRD, CSCS, CCRS CONT.**

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**CERTIFICATIONS CONT.**

*Certified Chiropractic Sports Physician* with the American Chiropractic Association Council on Sports Injuries and Physical Fitness. These credentials identify individuals who have scientific knowledge of the mechanisms of sports injuries and the resultant soft tissue and joint damage. This knowledge qualifies them to make quick, intelligent decisions in the playing area and then follow through with the best method of treatment for optimum results in the most efficient amount of time.

*Certified Chiropractic Claims Reviewer and Independent Examiner* from Texas Chiropractic College. These credentials identify individuals who exhibit expertise in evaluating patient records in order to determine whether treatment was/is appropriate based on the patient's history, examination, and diagnosis.

**SCHOLARSHIPS**

James Parker Scholarship  
TCAAA Scholarship

**SPECIAL STUDENT INTERNSHIPS**

X-Ray Department of Parker College of Chiropractic, Irving, TX

Chiropractic Manipulation Technique Department of Parker College of Chiropractic, Irving, TX

**SPECIAL SEMINARS**

- Activator Method
- MRI Diagnostic Imaging
- Chronic Pain Options by Dr. Vladimir Janda
- McKenzie Mechanical Diagnosis and Therapy of the Lumbar Spine
- Diagnosis, Treatment and Chiropractic Rehabilitation of Common Spinal Disorders
- Loomis Digestive Enzyme Seminar Series

**PROFESSIONAL MEMBERSHIPS**

- American Chiropractic Association
- American Chiropractic Association of Sports Injuries
- American Chiropractic Board of Rehabilitation and Physiological Therapeutics
- ConservCare
- ChiroNet

**PERSONAL MEMBERSHIPS**

- USA Ice Hockey
- USA Hockey In-Line

**CHIROPRACTIC TECHNIQUES USED**

Trained to employ full spine manipulation using Gonstead, Thompson, Diversified, and Activator Methods

Trained to utilize myofascial muscle energy techniques to address muscle dysfunction

Trained to perform extremity manipulation to restore proper biomechanics